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Yokota Air Base, Japan

March 24, 2000



Members of the 374th Medical Group, Airman 1st Class Raul Reynoso (left), Staff Sgt. Carlos Murray (left center), Senior Airman Jennifer Kiel (hidden), Senior Airman Andrew Cole (right center), and Staff Sgt. Kyle Stancliff (right), place a dummy on a litter March 16 during Continuous Medical Readiness Training.

photo by Staff Sgt. Jeff Loftin

Trainin' in the rain

By Staff Sgt. Jeff Loftin
374th Airlift Wing Public Affairs

Last week's soggy weather didn't dampen the 374th Medical Group's efforts to prepare for their wartime mission. About 125 medics took to the field to set up an Air Transportable Hospital, practice litter movement and triage.

"Overall, I think this has been a positive experience," said Lt. Col. Gerald Schwartz, ATH commander. "The rainy weather had a little bit of a dampening factor, both literally and in people's spirits here, but I think everybody has pulled together. However, we're training rain or shine out here. In a real-world environment obviously the weather may not co-operate so it's good to train in the rain."

"The training that we do out here is essentially what we are required to do if we are deployed to war," said Capt. Matt McGuire, Medical Readiness Flight commander. "We try to make our training as realistic as possible. Our motto is we train like we fight."

The first phase of the training was setting up the ATH, which McGuire called their premier weapon system. The 50-bed hospital can then handle as many as 250 patients a day supporting 3,000 to 5,000 deployed troops. The ATH can provide emergency and dental treatment, surgery and has a radiology, lab and pharmacy services.

"Setting it up went fairly smooth," said Schwartz. "We got the entire ATH set up in about six to eight hours. Then we had another two or three hours of unpacking the equipment and bringing it in. The whole shooting match took probably in the neighborhood of 10 hours to go from nothing to five tents, the triage, the shelters and moving the equipment in. That's doing well. If we are deployed the emergency medicine aspect of it has to be functioning within 12 hours. The entire hospital has to be functioning within 24 hours."

Once the ATH is up and running the medics must be prepared for the worst.

"We try not to keep patients too long in the hospital because we want to keep room open for the new patients coming in all the time," said Schwartz. "We stabilize patients and those who are not seriously injured can be returned to duty. Patients that need more definitive care are sent out to other facilities."

The ATH is designed to be self-contained for 30 days and comes with environmental control units, power and supplies.

Although impressive, the ATH is not a new concept, according to Lt. Col. Joanne Parkes, 374th Medical Support Squadron commander. In fact the 374th's ATH was used in Guam in 1996 for Pacific Haven.

The second aspect of the three-day

exercise was to hone the medics' war-time skills. This meant braving the wet weather to practice getting patients from the battlefield to the ATH.

The medics had to go through a litter obstacle course and load patients onto trucks while in full chemical gear, ducking sniper fire.

"We have our physicians, our nurses and all of our medical personnel functioning in this field environment just like they would in a hospital," said McGuire. "Of course we always add the special effects that you would see in a battlefield such as sniper fire, conventional and NBC (nuclear, biological, chemical) attacks. We make sure that we practice our NBC procedures and know how to take care of people while in MOPP 4. Essentially, what we're doing is making sure that we know how to continue to provide the quality care we provide in a hospital only in a field environment."

The highlight of the training was a mass casualty

see ATH page 2

News in short

5AF award winners

Two Yokota members recently became 5th Air Forces annual award winners for 1999 March 16.

Tech Sgt. Frank Tuck, 374th Transportation Squadron, won the Non-Commissioned Officer category and Simone Koram, from the Family Support Center, won the civilian category.



Koram



Tuck

Tama river clean-up

The annual Tama River Clean-up is 1 p.m. April 30. Help Yokota's community relations program by cleaning up a mile and a half stretch of the Tama River. To sign up, call the Public Affairs Office at 225-7020.

Pass/Fail

The 374th Operational Support Squadron, 374th Communications Squadron and 374th Civil Engineer Squadron recently combined forces to successfully pass the USAF Air Traffic Evaluation Program's inspection.

PACAF award

Staff Sgt. Mia Releford, from the 374th Airlift Wing, was recently received the 1999 PACAF Military Equal Opportunity Award.

Commitment to caring

Total funds Yokota personnel have donated to the Air Force Assistance Fund through March 10. Seventy percent of the base population have been contacted as of March 22. For more information, contact your unit AFAF representative.



\$45,919

Independent graphic by Senior Airman Matt Miller
Source: 1st Lt. Scott Latimer, wing AFAF project officer

AF Recruiting Service back in town

Staff Sgt. Alan Williams

Chief of Internal Information

Once again Air Force recruiters, in search of senior airmen and noncommissioned officers through the grade of master sergeant, came to Yokota March 14 to give the world-renowned Recruit-The-Recruiter briefing at the Military Personnel Flight.

"The turnout has been good and we hope to get as many (people) as possible," said Senior Master Sgt. Paul Ransom, the RTR team chief from Headquarters Recruiting Service at Randolph Air Force Base, Texas.

Of the 56 people attending 5 were selected to recruit out of cities in Florida, Alabama, Illinois. One person was even selected without choosing an assignment.

Although personnel were selected for recruiting duty, all of their assignments are dependent upon each individual's release from their current Air Force Specialty and pending Air Force Personnel Center approval.

These Air Force representatives are on their Pacific Air Forces tour which includes brief-



photo by Senior Airman Matt Miller

Master Sgt. Rudy Andabaker, Recruit The Recruiter team member, briefs Yokota personnel about how to become an Air Force Recruiter March 14 at the MPF.

ings at Kunsan and Osan Air Bases in Korea; Misawa, Kadena and Yokota Air Bases in Japan; Andersen Air Base in Guam and Hickam Air Force Base, Hawaii.

The RTR briefing normally lasts about 45

minutes to an hour and gives what Ransom calls "the realities of recruiting."

For people who couldn't make it to the briefing, the briefing and an application can be found at www.rs.af.mil/rtr.htm from a ".mil" web site.

Bomb threat case solved

Yokota juvenile faces base, school disciplinary actions

A Yokota High School student was detained and later confessed to calling in a bomb threat to the high school March 16.

Nobody was injured in the incident, but students missed an entire afternoon of classes and had to spend about 45-minutes in a warehouse near the school while schools officials accounted for all the evacuated students.

The incident began when school administrators received a call indicating that a bomb had been placed somewhere in the school.

The call, which came in around 11 a.m., prompted school officials to evacuate the building and eventually cancel classes for the day.

"It was kind of crazy. We dropped everything and went to a warehouse," said Carolyn Hayward, a YHS senior. "We tried to get in our cars to leave, but that was not allowed."

Base security forces responded to the school within minutes with their bomb sniff-

ing dogs.

The entire campus was thoroughly searched, but no bomb was found.

Security forces apprehended the youth suspected of making the call within two hours of the incident.

The 14-year-old Yokota High School student later confessed to the crime and faces disciplinary actions from the school as well as the base.

"There is a disciplinary process for handling this type of case, but it's too early to speculate on the matter," said Maj. Stephen Clutter, base spokesman. "The security forces did respond quickly and performed a thorough check of all facilities to ensure all students and Department of Defense employees are safe."

School resumed the following day for the students without incident.

This incident follows two similar threats called into Yokosuka Naval Base schools approximately one week earlier. The suspect in that case was also caught. No connection between the two incidents has been made.

(Compiled by 374th Airlift Wing Public Affairs)

ATH from page 1

alty exercise, which kicked off as it was getting dark. The exercise tested everything from transporting patients to triage and emergency care in the ATH.

"In the exercise they had to deal with both conventional and chemical attacks," said McGuire. "There were some conventional UXOs (unexploded ordinances) and a chemical one. There were 14 patients who had to be treated for both conventional and chemical injuries. It went extremely well. We processed all of the patients quickly and effectively. It was a great success."

"I think the training has been outstanding, especially considering the weather," he said. "Our requirements say when we go out to do our training we should do it in an austere environment."

"We are definitely in an austere environment. Everybody has a great attitude. The people out here are cold, they're wet but they're pressing on and doing it."

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DOD people urged to answer census

By Jim Garamone
American Forces Press Service

MARINE CORPS BASE QUANTICO, Va. (AFPN) — “Because we count!” was the succinct message from Elizabeth Harrington, a sixth grader at the middle school here, about why Census 2000 is important to Americans.

Rudy de Leon, undersecretary of defense for personnel and readiness and President Clinton’s nominee as deputy secretary, was visiting the Marine base March 13 to encourage those affiliated with the military to respond to the census. He spoke with 17 sixth graders of Linda Reed’s social studies class.

The undersecretary told the children that the Census Bureau estimates there are 274 million Americans today. The bureau will employ more than 860,000 people to ensure an accurate count.

In answer to his question, the children said that California and Texas are the two largest states today. He told them that when the government conducted the first census in 1790, there were 7 million Americans and the largest states were Virginia and New York.

He urged the students to tell their parents about Census 2000 and to ask them to fill out the forms when they arrive.

“The census is important because it is the way the government decides how to divide up the tax money to the states,” said Alphonso Maldon Jr., assistant defense secretary for force management policy, who accompanied de Leon. He said the government uses census information to divide up \$185 billion per year to the states and local governments.

The governments use the information to figure out how many schools to build and where, where to place hospitals and how to delineate the districts of the House of Representatives, Maldon said.

“How many of you like amusement parks?” he asked. All the kids raised their hands. “The owners of the parks

use census data to place them.”

Maldon, de Leon and base commander Brig. Gen. Leif Hendrickson also visited Jeannie Brown’s first-grade class. The 13 children there had a Census 2000 book all done up with an eagle on the cover.

“The form will arrive and your parents will be busy,” he said. “But you need to tell them how important this is for you and for all Americans.”

People can obtain information on Census 2000 by visiting their Web site.

Goodwill exchange and sake...



photo by 1st Lt. John Sheets

Lt. Gen. Paul Hester, USFJ and 5th Air Force commander, and Col. Mark Zamzow, 374th Airlift Wing commander smash open a sake keg along with Yoshihito Tanaka, Defense Facility Administration Bureau director, Yahachiro Ishikawa, Fussa City mayor, and Mitsuichi Yamashita, president of the Fussa Yokota Goodwill Exchange club, March 14 at the FYGEC’s spring party. The FYGEC formed 11 years ago to foster community relations between the base and Fussa City.

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Commander's viewpoint

Tenacity: a need in today's service

By Chief Master Sgt. Lawrence Copeland

374th Logistics Group enlisted manager

There's a story I'd like to share some of our folks who are contemplating whether to stay or leave this great Air Force.

Some time ago there was a boy whose family was forced from their home because of a legal technicality. When he was seven the boy had to work to help support them. At age nine, while still a backward, shy little boy, his mother died.

By the time he was 22 he had lost his job as a store clerk, and wanted to attend law school. He couldn't, because he didn't have the proper education to do so. At 23, he went into debt to become a partner in a small store. Three years later his business partner died, leaving him a huge debt that took years to repay.

By 28, he developed a romantic relationship with a young lady that lasted four years. He asked her to marry him and she said "no." Later he shared a relationship with a youthful love from his past, but that ended in heartache after her death.

He was elected to congress at age 37, after his third attempt. Two years later, he ran again but he wasn't re-elected. I should add that it was about this time he had a nervous breakdown.

When he was 41, his four-year-old son died, adding additional heartache to an already unhappy marriage. At 45, he ran for the Senate and lost. Two years later, he was defeated for nomination for Vice President. At 49, he ran for the Senate again...and lost again. How would you like to have someone like this on your team? In today's political

environment, how would voters receive or perceive him, hopefully you noticed how he never gave up or quit trying.

At what point would you have given up? Too often we are defined, and even worse, we define ourselves by our successes in life. However, I believe that who we are and what we become is a result of struggles, and sometimes failures that we've faced and overcome along the way. To finish the above story, at the age of 51, he was elected as our 16th President, and after his death it was said of Abraham Lincoln, "There lays the most perfect ruler of men the world has ever seen."

I believe it can be argued that our nation would have lost many of President Lincoln's great contributions had he not suffered so many defeats and difficult times, by default affecting his legacy, which Americans treasure still.

So what does it mean to people considering leaving, and to people who remain with the world's most feared and respected military force?

For each of us, it means we must show a little tenacity and not give up on our Air Force just yet. We have many things to fix and make better, and I'm confident our leadership is working hard to do just that.

However, they need our help and need us to realize that worthwhile changes don't occur over night. So if you know someone contemplating leaving our Air Force, make it a point to share the pros and cons of a full career. Be straight with them by saying, "yes, there may be some reasons today to leave the Air Force (pay, benefits, health care and stability) and anyone can quit or leave and pursue those benefits anywhere in the civilian sector.

But it takes a special kind of person to pursue a higher calling in our society today—service to our great nation."

The benefits are quite different than what average citizens are looking for: camaraderie, core values, standards, and pure satisfaction of knowing you (and a team of professionals just like you) protect and defend the greatest country and the greatest way of life on earth.

Not any citizen can answer that call when the grass looks greener on the other side, only a few. But a very tenacious group of citizens can answer the call to arms that protects the banner of freedom we all have the privilege of enjoying.

So I submit to you all, you must have tenacity. Tenacity is what it takes to serve and continue serving today. Winston Churchill summed it all up nicely when he said, "Never, never, never, never give up."

Action Line

The Action Line is your direct line to Col. Mark Zamzow, 374th Airlift Wing commander.

Use the Action Line if you have questions or comments about Yokota, which couldn't be resolved by your chain of command. When you call, leave your name and phone number so you can be reached if more information is needed. Your identity won't be released to the public. Subjects affecting the base population will be published in the Fuji Flyer.



Col. Mark Zamzow
374th Airlift Wing
commander

225-TEAM or action.lines@yokota.af.mil

Skate Park Safety

Q. Regarding the issue about safety at the Skate Park, it seems to me that there are several groups of teenagers that spoil it for everyone. Several lack parental control and have no respect for others or other's property. I believe the way to fix the problem is to use bike patrols.

If the bike patrols were started, the problems this base is facing with its youth would go down. Bikes move more easily than cars, and are less noticeable.

Sometimes I hear teenagers at the park, playing, yelling, and screaming. This wouldn't normally bother me, except when it's after 10:00 p.m. on a weeknight and sometimes later on weekend when I hear them.

A. Thanks for your suggestion on ways to provide extra attention to the problem areas on base. I agree that Security Forces bike patrols are an extremely valuable tool. They not only help insure law and order is preserved, but they also facilitate a healthy interaction between our exemplary Security Forces personnel and our youth, teenagers, single adults and parents regarding many facets of life to include respect for authority, compliance with rules/laws/regulations, and overall "healthy community" values. Yes, we will use them as much as feasible while we balance the time our security forces personnel must perform on other duties.

At the same time, however, I must continue to emphasize that good citizens are not grown due to a high presence of police oversight/supervision. Instead, sound moral and ethical values are principally attained through positive parental involvement, superior educational institutions, and vibrant community programs among other things. Parents and non-parents, please help our community and security forces personnel keep Yokota safe and enjoyable. I suggest to all our residents that any adult can remind youths and teens to follow the rules, wear safety gear and lower the noise during quiet hours.

Program features enlisted pilots

WASHINGTON (AFPN) -- The Chief of Staff's reading program, which began in 1997, is designed to promote personal professional development for all Air Force members, civilian and military.

The program aims to instill both a deeper sense of pride in our rich heritage and a stronger understanding of our role in meeting our nation's security objectives. Each quarter, one of the books from the CSAF's Reading List is spotlighted as the book of the quarter. Air Force members of all ranks and grades are encouraged to read the featured title, which is available in all Air Force libraries.

"It is not the policy of the War Department to train enlisted men in flying aeroplanes."

This quarter's featured book is

"They Also Flew: The Enlisted Pilot Legacy, 1912-1942," by Lee Arbon. Arbon traces the history and achievements of enlisted aviators from their earliest days in flight through 1942. From the start, these "sergeant pilots" struggled to earn their wings in a military organization that traditionally reserved pilot positions for commissioned officers.

Arbon argues that enlisted personnel were allowed to earn their wings to offset a shortage of officers entering the Signal Corps Aeronautical Division and later the Army Air Corps. They flew fighters, bombers, transports, and trainers during wartime, and some paid the ultimate price for their service. Between the wars, they were involved in airmail operations, aviation races, weather data flights, aerial acrobatic contests, and forest fire patrols.

As World War II approached, pilot

training resumed for new enlisted personnel as the demand for pilots was at a premium. However, this action created animosity among those who wanted all pilots to be officers. As a consequence, most active duty enlisted pilots were ordered to extended duty as reserve officers.

In November 1942, the U.S. Army Air Forces concluded that upon graduation, enlisted aviation cadets would be promoted to the rank of flight officer, a new rank equivalent to warrant officer.

These men persevered through two world wars enduring bureaucratic discrimination while facing the hazards and dangers of flight.

For more information on this book and others on the CSAF's Reading List visit the web site at www.af.mil/readinglist.

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DEADLINE

The Fuji Flyer deadline is 4:15 p.m. nine days (Wednesday) before the publication date (Friday). On weekends and holidays the deadline is the Tuesday before.

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Advertisement



Majestic Mountain



The five lakes around the northern edge of Mt. Fuji are major attractions for Tokyo day-trippers. Top, Shiraito waterfall offers peace and seclusion from the every day hustle and bustle of Tokyo. Above, many scenic views are available from each of Mt. Fuji's five lakes.

(photos by 1st Lt. John Sheets)

By Senior Airman Matt Miller
Fuji Flyer Editor

About 250 years ago, Japan's most famous volcano rumbled this tiny little island for the last time. And during this eruption, it created features in the earth that are unique as finger prints to humans and picturesque as a postcard.

Five lakes and a waterfall, each with their own persona, were the beneficiaries of this explosion and are offered to Yokota members with minimum delay.

In about two hours, one can easily drive to the base of Mount Fuji with a variety of options for each direction. Reminiscent of Robert Frost's "The Road Not Taken," three roads diverged in a concrete jungle with the hint of panoramic treasure. Each way you look the road winds and loses itself amongst the buildings.

Taking the road to the right will lead travelers to Shiraito waterfall. This point of runoff, despite the tourism modernizations, is a secluded cove carefully etched into the countryside. A romantic little getaway spot where couples can plan a picnic and enjoy the seclusion. The sound of the rushing water creates an instant stress reliever from the hustle and bustle of Tokyo.

For those who dare to venture up the mountain, the road straight ahead is for you. This gradual incline winds its way up Mt. Fuji and eventually ends at Fifth Station.

True thrill seekers can extend their trip in July and August by making the trek to the peak. This 12,390 foot venture is one that tourists can be proud of.

The combination of the previous two roads is the result of the left throughway. Taking this turn leads to the largest of the mountain's five lakes – Yamanaka. It not only offers great camping in the summer, but ice fishing and skating in the winter, not to mention the great views all year round.

The thrill seeker side should plan on visiting Fujikyu Highlands amusement park. The tallest roller coaster in the world resides here tempting the absolutely crazy.

All of these sites and more can be reached in two hours by car. When getting on the Chuo Expressway in Hachioji, take the farthest right lane marked with a green road sign saying Kawaguchi-Ko. This road will wind around and head back toward Mt. Fuji. Maps can be acquired at the Yujo Community Center.

For those who are not as versed in the Japanese roadway system, the train accomplishes the same trip without the roadway headaches.

Just take the Ome line to Tachikawa. Switch to the Chuo line and go to Shinjuku. From there you have the choice of whether to take the express bus or express train to Kawaguchi-Ko Station.



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HAZMAT generators

Yokota will have an environmental compliance assessment and management program team visit from Monday to Apr. 7. All generators of hazardous materials and waste need to be looking over their program to include any previous internal/external ECAMP findings. Supply HazMart will not accept turn-ins of serviceable assets during this time frame. For more information, call Master Sgt. Burdick at 225-6057 or 225-9631.

Cherry blossom festival

Yokota will hold its annual Cherry Blossom Festival from 10 a.m. to 4 p.m. April 1 and 2 on McGuire Street. For more information, call Public Affairs at 225-7020.

Ugliest dog contest

In conjunction with the annual Cherry Blossom Festival, the base Public Affairs office is holding an ugly dog contest at 1 p.m. April 2. To enter the contest and win prizes, bring your dog to the intersection of Sarnoski and McGuire avenues. For more information, call Public Affairs at 225-7020.

Modeling scout

K&M promotions is looking for models of all ages from 1 to 4 p.m Saturday in the Officer's Club Ballroom. For more information, call Sandie Fields at 227-7682.

CGOC scholarship

The Yokota Company Grade Officers' Council is announcing its Commissioning Incentive Scholarship. For consideration applicants must be currently in pursuit of

either a Bachelor of Science or Arts from an accredited college or university; be within 45 semester hours of completion; carry a minimum 3.0 grade point average; have taken the Air Force Officer Qualifying Test; and have their unit commander's recommendation. Applications are available at the Education Office and must be completed and returned by close of business March 31 without exception. For more information call 1st Lt. Eddie Taylor at 225-8867 or 1st Lt. Rod Valentine at 225-5561.

Scuba Lessons

The Natatorium will begin offering scuba diving lessons beginning April 1. For more information, call 225-2280.

Women's history month

The following events have been scheduled for Womens History Month.

Women's wellness lunch, from 11 a.m. to 1 p.m. today in Bldg. 316 room 229. Sponsored by the Health and Wellness Center, this event will discuss women's health related issues.

Enhancing the woman in the mirror, from noon to 1 p.m. Monday in the FSC classroom.

Discussions will include goal setting, what makes a woman beautiful and providing support to other women.

Community observance luncheon, from 11:30 a.m. to 1 p.m. Thursday in the Officer's Club Ballroom. Cost is \$8. For tickets, call Angie Fields at 225-8725.

Teen Talent Contest

The Panther Cave Teen Center is holding a teen talent contest Saturday from 7 to 9 p.m.

Above & Beyond

Who: Master Sgt. John Brindley
Reason: Brindley is the operations manager for the 630th Air Mobility Support Squadron's Passenger Operations. Known for his selflessness, Brindley has dug deep into his own pockets on several occasions to help someone in need. For example, when a traveler with no cash needed money for a commercial airport tax and when a co-worker needed money to go to the squadron's Christmas party. He has been recognized by the Army's Command Sergeant Major for his outstanding customer service. He organizes squadron and family events to boost morale and camaraderie. Brindley is also actively pursuing his masters in business management.

Winners from Saturday's contest will go on to Naval Air Facility Atsugi to compete in the finals.

Engineering scholarship

The Tokyo Post of the Society of American Engineers announces its \$1,500 scholarship for 1999-2000 graduating senior of DODDS high schools.

Scholarships are intended for students planning to pursue studies in engineering

or related courses of study.

Contact Judi Krause at 263-4391 for applications. Deadline is April 1 and recipients will be announced in June.

Instructors needed

Youth programs is in search of instructors for the Youth Center to teach piano lessons, karate and tae kwon do to youth. If interested call 225-7422 for more information.

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HELP WANTED

Computer representative -- For Yokota's Power Zone, flexible hours, good compensation, representing major brand computers and accessories. 0989-36-5155.(1)

Someone to mow lawn -- Garden home on north side, responsible, beginning April 1, pay negotiable. 227-2823.(1)

Sales associate -- New Wave Waterbeds, part time/full time, available immediately, flexible hours, weekends a must, stop by and fill out application. 225-6379.(1)

Vendor -- Part time, work days, must be flexible. 227-8627 leave message.(1)

PETS

Chipmunk -- Needs good home, not for younger children, cage included, \$15. 227-9638.(1)

Cat -- Yellow and white striped, neutered with necessary shots, friendly, good with children. 227-3991 or 227-4213.(1)

Cat-- Male, reddish-orange, 10 months old, all shots current, microchipped, includes bed, litter box and toys, great with kids. 227-8719. (3)

Cat -- Tabby, very affectionate, great with children, with litter box. 227-4127. (3)

Dog -- Black Lab, 10 months old, great with kids, house and crate trained, has mandatory ID chip. 227-3220. (3)

Fish -- With rocks and plastic plants for an aquarium. 227-3014. (3)

WANTED

Legos -- Or other building toys for young kids, also want new or used Marvel comic books. 227-3438.(1)

Toyota or Nissan -- Automatic, A/C. 227-2472.(1)

Sewing teacher -- In my home, will provide machine and material. 227-9941.(2)

Used Pack N' Play -- 227-3585.(2)

Dining table -- Wood with four or six chairs, all in good condition. 227-8955.(2)

Bassoon/violin instructor -- English speaking, for a 13-year-old student; willing to travel for the lesson. 227-3898. (3)

English teacher -- Can teach ESL, public speech and composition, travel 10 minutes from Fussa gate, 6,000 yen for two hours. 0705-560-1035.(3)

Steel wok -- For science fair project, 12"-15" diameter, round bottom. 227-4054.(3)

SALES

Tag sale -- Dining table, crystal, twin bed, Nordic-track, clothes and books, begins at 9 a.m. April 1 at 4808A Smith Lane, east side of base. 227-3343.(1)

FOR SALE

Wood crib -- Oak, with mattress and all the trimmings, \$100. 277-9658.(1)

A/Cs -- Three, \$75 each; two infant car seats, \$25 each; baby bouncer, \$10. 227-7890.(1)

A/Cs -- Two 12,000 BTU, good condition, \$30 each; awning for east side garden, free with your removal. 225-3437.(1)

A/Cs -- Perfect for 3BR garden, cools nicely, 8,000 BTU, \$150; 16,000 BTU, \$50; 5,000 BTU, \$100, 5,000 BTU, \$75; 8,000 BTU, \$100. 227-8263.(1)

Phone line -- Available March 16, \$400. 0425-50-0412.(1)

Bedroom set -- Knotted pine, ship's captain design, \$250. 227-9502.(1)

Waterbed -- Queen size, \$225; baby crib with

To submit an ad, e-mail: fuji.flyer@yokota.af.mil or drop off at the 374th Airlift Wing Public Affairs Office (Bldg. 315). Advertisements must be for one-time sales only, 25 words or less and include a name and phone number. No more than two ads per family, per week. Ads are run for two or three weeks (space permitting)

mattress, \$125; glass table and four chairs, \$100; bicycle maintenance stand, \$25; truing stand, \$40. 227-4475.(1)

Microwave -- White Goldstar, with rotating plate, excellent condition, \$50. 227-3985.(1)

Printer -- HP Deskjet 694C, \$70; Moulinex meat grinder with slicer and juice attachment, \$35; pasta maker, \$35; rice cooker, five cup, \$15; buffet range, electric, \$30; Brither sewing machine, \$90. 227-3550.(1)

TV -- Pioneer 40" projection, \$500; Intel Pentium 166 mmx, 64mb RAM, 14" monitor, 56K modem, perfect internet computer, \$450; toddler race car bed, with Elmo bedding, \$100. 227-8221.(1)

Bike -- Children's 12", red, big MX-style seat, \$12. 227-4031.(1)

Crib tent -- Like new, fits all standard cribs, prevents children from climbing out, keeps pets out, \$60 OBO. 227-9737.(1)

Computer speakers -- Labtec LCS-1020 amplified 9 watt, \$10; KLH 100 watt powered subwoofer, new in box, \$125. 227-3620.(1)

Golf club -- Taylor Made System 2 midsized 9.5 degree driver, graphite, regular MRH, used once, \$100; Salton "Pasta Del Giorno" deluxe pasta maker, \$75. 227-3620.(1)

Grill -- Gas, \$20; lawnmower, \$30; second lawnmower, \$10; set of four-lug rims, \$40; fish tank, everything but fish, \$40; outdoor table and chairs, \$10. 227-8263.(1)

Sewing machine -- Singer Touch & SewII delux zig zag, \$175; electric floor heater, small, good for bath room, \$15; Korean mirror chest, \$100; Sony CD single disk player, \$25; OBO on all items. 556-4429.(1)

Treadmill -- Weslo incline, one year old, digital speedometer, calories, time and distance, \$250 OBO. 227-3734.(1)

Phone line -- Off-base, \$350. 556-5144.(2)

Computer -- Pionex 400mhz PC, Intel celeron, 64mb RAM, 8GB, 56k V90, Windows 98, with Epson Perfection scanner, 1200x2400 dpi, Adobe Photoshop 5.5, Illustrator 7.0, Printshop LE, \$800 for everything. 227-4159.(2)

Double stroller -- Deluxe padded, good condition, \$50. 227-9941.(2)

Fish tank -- 120 gallon, complete setup, fresh or salt, \$1,200; 13'x15' rugs, maroon and light blue, \$60; Whirpool 220v A/C, \$75; loveseat, tan, \$200. 227-9571.(2)

Wedding gown -- White satin, hand made, sequence, never worn, \$700 OBO. 227-8963.(2)

TV dish -- Panasonic Direct dish and decoder, brand new, must sell, \$220. 090-7014-2647.(2)

Home theater -- Sony surround sound receiver with learning remote, \$250 OBO; Sharp microwave, small, good condition, \$30; recliner, \$80 OBO. 227-4529.(2)

Computer -- And monitor, Internet ready, dual 550mhz CPUs, \$1,500. 227-9437.(2)

Receiver -- Onkyo TX-DS838 Integra, 100 watts per channel, built-in AC-3 decoder, 12 surrounding modes, great for home theater, \$800 OBO. 227-3103.(2)

Speakers -- Cerwin Vega, surround sound, two front, two rear, one center channel, \$150 OBO for first set; two 12" audio response home speakers, \$100 OBO. 227-9437.(2)

Bookcase -- Three-piece computer wall unit, oak,

\$625; teak table with four chairs, matching China cabinet, \$500, will sell cabinet separately. 227-4943 or 0908-587-9515.(2)

A/Cs -- Four, 15,000 to 8,000 BTU, \$400 for all; rear awning, fits three-bedroom west-side garden, \$325. 227-4943 or 0908-587-9515.(2)

Gun -- Magnum revolver, .357, purchased at Yokota Rod & Gun Club, like new condition, proper authorization and documentation required, stored at base armory, \$500 firm. 227-3799.(2)

Computer parts -- 2x24 IDE DVD drive with decoder card, 2x2x6 IDE CD rewriter, modem, sound card, AGP video card, 2G IDE hard drive, with software, \$300 for all. 227-9444.(2)

Computer -- Intel pentium 166 MMX, 80 MB RAM, 2GB, with 14" monitor, keyboard, speakers, microphone, includes software, original invoice and lifetime warranty, \$500 OBO. 227-2078.(3)

AUTOMOBILE

1991 Isuzu -- Gemini, dark blue, JCI until Dec. 2001, A/C, P/S, 4-door, 5-speed, available after April 4, \$700 OBO. 227-5567.(1)

1992 Daihatsu -- Mira, black, JCI until Jan. 2002, automatic, A/C, 5-door, dependable minicar, available after April 10, \$1,000 OBO. 227-5567.(1)

1990 Mitsubishi -- Chariot station wagon, excellent condition, JCI until April 2001, \$1,800. 227-2051.(1)

1994 Pontiac -- Grand AM SE, 4-door, fully loaded, only 41K, clean and reliable, \$6,150 OBO. 225-8856.(1)

1992 Nissan -- Sunny, air, automatic, power windows, door locks and mirrors, AM/FM/cass, excellent condition, JCI until June 2001, \$2,200. 227-8708.(1)

1989 Toyota -- Trueno sport super charger, black and gold, 5-speed, JCI until Nov. 2001, mechanically sound, new clutch, tires, brakes, A/C, battery, CD stereo, all belts, oil change, C-boots, no write-ups on last inspection, \$3,000 firm. 227-2779.(1)

1989 Toyota -- Mark II, JCI until Jan. 2002, AM/

FM/cass, new tires and breaks, good A/C and heater, \$2,000 OBO. 227-3013.(1)

1991 Mitsubishi -- Diamante, charcoal grey, tinted windows, 4-door, cruise control, tilt wheel, A/C, power everything, JCI until Nov. 2001, very nice, \$3,000 OBO. 227-2352.(1)

1991 Nissan -- Laurel, campaign color, JCI legal working kit installed, front and rear spoilers, AM/FM/cass, power windows, locks, tilt wheel, A/C, automatic, excellent condition, new JCI, \$2,300 OBO. 227-2352.(1)

1990 BMW -- 525i, 62,000 miles, black, Euro specs, full power, \$8,000 OBO. 227-6262.(1)

1989 BMW -- 535i, 35,000 miles, black, Euro specs, full power, \$7,000 OBO. 227-6262.(1)

1989 Toyota -- Crown family sedan, great car, power everything, 4-wheel disc brakes, dual A/C, cooler box, \$800. 227-2606 or 0903-207-3800.(1)

1990 Toyota -- Chaser and 1990 Nissan Bluebird, with CD player, both 4-door sedans, look and run good, JCI until July 2001, \$500 each. 227-9032.(1)

1986 Toyota -- Lite Ace van, runs good, JCI until July 2001, \$600 OBO. 227-8582.(1)

1995 Nissan -- Sunny, 4-door, automatic, A/C, AM/FM/cass, power windows, locks, mirrors, very clean, only 21,000 miles. 227-2472.(1)

1996 Toyota -- Surf, 4WD, power everything, ski/snowboard carrier, many factory accessories, JCI until Nov. 2001, \$16,000 OBO. 227-4475.(1)

1972 Super Beetle -- Convertible, fully restored, new vinal black seats, new waterproof top, new engine transmission, \$7,000. 227-3989.(2)

1989 Toyota -- Trueno, two tone, automatic transmission, 2-door, A/C, heat, power windows, door locks, mirrors and sunroof, AM/FM/cass, \$1,300 OBO. 227-4670.(2)

1991 Honda -- Del Sol, 5-speed, V-tech engine, \$3,900. 556-5144.(2)

1989 Ford -- Festiva, 2-door, JCI until Mar. 2001, AM/FM/cass, six-CD changer, automatic, \$1,000 OBO. 227-2175.(2)

1984 Toyota -- Lite Ace van, grey, automatic, good condition, JCI until Sept. 2001, \$1,400 OBO. 225-3437.(2)

1990 Toyota -- Carib wagon, 4WD, 5-door, A/C, automatic, CD/cass/AM/FM, sunroof, PW, tilt steering, great condition, JCI until Sept. 2000, \$2,500 OBO. 0424-67-2161.(2)

1989 BMW -- 525i, European specs, runs good, many new parts, \$6,500 OBO. 227-9444.(2)

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BRIEFS from page 12

YHS soccer

The Yokota High School Lady Panthers soccer team began its season March 11 with a 5-1 win over St. Maur, a Japanese International School. The boys fell to St. Maur 4-3 the same day. The Lady Panthers take on Misawa at 3 p.m. today at Bonk Field. The boys also play Misawa at 1 p.m.

Referees needed

Referees are needed for the upcoming high school soccer season. Interested individuals should call Bren Shuler at 225-3680 or e-mail to brenshuler@hotmail.com.

Coaches needed

The Boys and Girls Club of Yokota is looking for tennis and volleyball coaches. For more information, call Fred McDaniels at 225-7441.

Women's league

The fitness center is still taking letters of intent for the upcoming women's softball season. Squadrons interested in having a team should contact the Main Fitness Center. Individuals without teams should also contact the MFC at 225-8881.

Fun run

The Boys and Girls Club of Yokota is sponsoring a fun run for children ages 5 to 18 at 9 a.m. April 30 at the Main Fitness Center. For more information, call Fred McDaniels at 225-7441.

Golf tourney

The Navy-Marine Corps Relief Society is holding a benefit golf tournament at 6:30 a.m. April 3 at Whispering Pines Golf Course Naval Air Facility Atsugi. For more information, call Tim Hofstetter at 243-9127 or Edward Bowhall at 243-8869.

Outdoor pool

Yokota's outdoor pool is scheduled to open May 27 for the summer season and will remain open until Labor Day. For more information, call 225-2280.

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wrestlers' names.

The next time I watched, I not only recognized those same wrestlers, but I was able to pick up a few of the particulars of the match.

As I watched the third, fourth and fifth basho's, I began to learn the differences between yokozuna and ozeki, between Takanohana and Wakanohana, and between a ketaguri and an ashi-tori.

Gradually I learned what the sport was all about. It wasn't until I had watched all these basho's that I had gained the respect

for this Japanese art form which began as a way to solve disputes and appease the gods.

Now getting back to why I was embarrassed with this farce the publicists in Las Vegas call sumo.

The so-called wrestlers had no idea of what sumo was all about. There was no ritual, no technique and no respect for the sport.

These wrestlers entered the ring with a nonchalant attitude. They lazily got in what resembled a three-point football stance and slowly shot out of the blocks.

The only exciting wrestlers I saw that evening were two Japanese participants who are currently part of the University system in Japan. Despite their size and age disadvantage in this tournament, they still made it to the quarter and semi final rounds.

In my mind, it was comparable to the World League of professional football. Sure there is a little talent on a couple of the teams, but rarely do you see someone who is going to move up to the big show.

Now, in no way am I saying that Americans can't compete with the best Japan has to offer – Akebono and Musashimaru have proven we can. But even they have made their way up the ranks by learning the intricacies of the sport as members of respected stables.

In the past couple of years, there has been a push to have sumo wrestling become an official Olympic sport. And I for one will welcome that day, because then and only then will the world have an opportunity to finally see what sumo is all about.

And when Japanese wrestlers occupy the top three spots of the medals podium, the sport will receive vindication for the cruel and unusual punishment the world has put it through via slander and mockery.

Of course, this is just my opinion. Send me an e-mail with what you think to matthew.miller@yokota.af.mil. I'll be looking forward to hearing from you.

Those who would like to see a sumo tournament live, the Yujo Community Center offers tours to a couple of the six major events. Call the Yujo at 225-7713 to find out more.

X-citing...



photo by Airman 1st Class JoAnn Makinano

Several Yokota youth watch X-Games competitor, Hidetaka Kojima, grab some air March 15 at the skatepark. Kojima and several other X-Game stars were on hand to demonstrate their skills and skate with the local youth.

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BETWEEN THE LINES

“Concentration is the ability to think about absolutely nothing when it is absolutely neccessary.”

— Ray Knight

Former Major League Baseball player and manager



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VOLLEYBALL STANDINGS

current as of Mar. 20

American League

TEAM	Won	Lost
USFJ	5	0
5 AF	4	1
DoDDS	3	1
374 SUPS/CES	3	3
AES/MDG “B”	2	3
36 AS	1	3
374 SFS	0	6

National League

TEAM	Won	Lost
374 Trans	5	1
AES/MDG “A”	5	1
374 CS	4	2
630 AMSS	3	3
AFN	2	4
DFAS	1	5
374 CONS	1	5

ON THE BENCH

Mar. 24 through May 31

Outdoor rec events

The following is a list of Outdoor Recreation’s spring program schedule. Departing times and costs vary.

River rafting and hot springs -- April 5 and 22, May 3 and 27.

Ocean fishing -- April 8 and 19, May 6 and 24.

Mt. Mitake day hike -- April 12.

Mountain bike day trip -- April 15 and 26, May 13.

Trout fishing -- April 29.

Day hike and hot springs -- May 10.

Tour De Tama -- May 20.

Sea kayak and camping -- May 27-29.

Kawaguchiko fishing -- May 31.


For more information, call Outdoor Recreation at 225-4553.

see BRIEFS page 11

King Pin

Col. Mark Zamzow, 374th Airlift Wing commander, rolls a strike in the second frame of his first game March 17 at the Tomadochi Lanes. Zamzow joined more than 220 other base bowlers in helping the Air Force Assistance Fund raise money for their 2000 campaign. Yokota's First Sergeants Association sponsored the Bowl-a-Thon which raised more than \$4,200 in 1999. “We’re still waiting for most of the pledges to come in, but our goal was to raise more than \$4,500 this year,” said Master Sgt. Steve Elford, event coordinator.

(photo by Airman 1st Class JoAnn Makinano)



Tradition makes the sport

By Senior Airman Matt Miller

Fuji Flyer Editor

Recently, I was flipping through the plethora of channels on the tube, when I came upon a sporting event that both humored and embarrassed me at the same time. No, it wasn’t professional wrestling nor the ever popular rejuvenated roller derby. It was sumo wrestling.

Now one might think that I would have a little more understanding for Japan’s national sport, especially since I am a guest of this country. But this show I came upon wasn’t the sumo wrestling that most people instantly think of when sumo is mentioned.

Aside from the fact it included weight-challenged competitors sporting nothing but a mae-tate-mitsu and a mawashi, it came far from being the traditional showdown the Japanese have developed over the past 2,000 years or so.

No, this version was not Japanese sumo wrestling, but an Americanized, even bastardized replica that brought more shame than glory to the sport.

When I first arrived at Yokota, more than two years ago, sumo wrestling was just another sport which made no sense other than the actual bout lasted only a few seconds.

Almost three months later, I sat down and watched my first of many sumo basho’s. It still didn’t make that much of an impact, but I did learn a couple of the

see SUMO page 11

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